## Claims

1. A packaging container made of plastic film, in particular, a bag, pouch or the like closable at its upper end, comprising a carrying handle arranged within the contour of the container, characterized in that a strap handle (2) is provided as a carrying handle which strap handle is arranged in the area of a sidewall (1) of the container and in its upper half and is connected in the area of its two ends to the container wall.

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- 2. The container according to claim 1, characterized in that the strap handle (2) is arranged on the exterior side of the front wall or rear wall (1) of the container.
- 3. The container according to claim 1, characterized in that the strap handle (2) is arranged on the inner side of the front wall or rear wall (1) of the container and is accessible from the exterior through an access opening (5) in the container wall (1).
  - 4. The container according to claim 2 or 3, characterized in that the strap handle (2) is attached to a support patch (6) made of plastic film and in that the support patch (6) is connected to the container wall (1).
  - 5. The container according to claim 3 and 4, characterized in that the support patch (6) is connected continuously along its outer edges to the inner side of container wall (1) and covers the access opening (5) for the strap handle (2) sealingly from behind.
- 6. The container according to one of the claims 3 to 5, characterized in that a contour of the access opening (5) in the container wall (1) is prepared by a perforation line (8) and is releasable by tearing open a wall area (9) surrounded by the perforation line (8).

- 7. The container according to claim 6, characterized in that a grip opening (10) for facilitating gripping of the wall area (9) to be torn off is provided.
- 8. The container according to one of the claims 1 to 7, characterized in that the container wall (1) is comprised of a composite film whose inner layer is comprised of heat-sealable thermoplastic plastic material, in particular polyethylene (PE), and whose outer layer is comprised of polyester (PET).

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- 9. The container according to one of the claims 1 to 8, characterized in that the strap handle (2) is comprised of a thermoplastic plastic film or a composite film, made of thermoplastic plastic material and a polyester, and is glued or connected by a heat seal seam to the container wall (1) or to the support patch (6).
- 10. The container according to one of the claims 4 to 9, characterized in that the support patch (6) is comprised of thermoplastic plastic film and is continuously glued to the strap handle (2), wherein in the area of the handle loop part (4) of the strap handle (2) the adhesive force is greatly reduced by applying a release coating (11) to the support patch (6).
- 11. The container according to one of the claims 8 to 10, characterized in that the support patch (6) is connected to the inner layer of the container wall (1) by a heat seal seam (7).
- 12. The container according to one of the claims 1 to 11, characterized in that the container is embodied as a bag that is reclosable at its upper end and is, in particular, provided with gussets and/or a stand-up bottom and in that the strap handle (2) is arranged near the closure device at the upper edge of the container.